

A HEAL prescription for healthy people on a healthy planet 2024-2029

Decision-makers across the EU can choose the path to better health, by recognising the urgency to act and adopting environmental and climate policies which accelerate the transformation that needs to happen in this decade.

1

Protect the health of the most vulnerable

Set EU policies which recognise vulnerabilities and set a level of ambition which protects them (e.g. strict clean air standards, swift pesticide reduction deadlines).



2

Recognise and act on the unhealthy connection between social inequalities and pollution

Recognise the interlinkages between social, environmental and health determinants and act upon them to ensure a just transition.



3

Invest in better health, not pollution

End all direct and indirect taxpayer financing of activities which harm health, the environment and the climate, especially when it comes to financing fossil fuels.



4

Place health at the centre of climate action

Adopt mitigation and adaptation measures which place health protection at the centre. This will result in significant health and economic shared benefits.



5

Stop burning fossil fuels for our health

Adopt timelines and plans to end the burning of all fossil fuels swiftly, and boost energy savings and renewables, without following false solutions like burning wood.



6

Achieve clean air everywhere, for everyone's health

Show political leadership to drive forward science-based clean air laws, including strict clean air standards and stringent measures to cut pollution in all sectors.



7

Ramp up health measures for a non-toxic environment

Swiftly restrict harmful substances such as endocrine disruptors and PFAS, which are widely used in polluting materials such as plastics, pesticides and many everyday products. Safer alternatives are available.



8

Accelerate the reform of EU chemicals law REACH to safeguard health

Put forward a health-protective update of the EU chemicals law REACH, truly implementing the 'no data, no market' principle, allowing for swifter restrictions of groups of harmful substances and accounting for our real-life exposure to chemicals mixtures in risk assessment.



9

Step up action for a pesticide-free EU, for healthy food and healthy people

Adopt measures to swiftly reduce exposure to hazardous pesticides, including ending pesticide use in sensitive areas. This will prevent new cancer cases, disruption of the body's hormone system, reproductive disorders, and strengthen children's healthy development.



10

Step up on healthy mobility

Prioritise and incentivise active mobility, especially in cities, together with a move towards accessible and affordable public transportation, as well as zero and low emission zones.

