HEALTHY MOBILITY
A NEW APPROACH TO URBAN SPACE ENVIRONMENTS

HEALTHY MOBILITY solutions need to be a priority in urban planning and budget planning. The basic principle of this approach is to ensure comfortable and safe movement for all traffic users, and in the event of a collision or accident, the speed of 30 km/h gives the best chance for the drivers and passengers to make mistakes (be distracted, tired), which should ensure comfortable and safe movement for all traffic users. Health mobility solutions should be a realistic, affordable ticket price, use participatory planning and budget planning and clear deadlines.

Prioritise walking and cycling.

A 15-minute city is a concept assuming that people have the right to access the center of their city in 15 minutes. This means the ability to move to and from school under the care of a minimum of two adults, and infrastructure that will bring the habits and infrastructure changes increasing the safety and comfort of road accidents, improvements for cyclists and pedestrians, such as: longer green light, more benches and crossings for pedestrians, safe spaces for walking and cycling in cities and communities.

To conduct a health impact analysis to identify how current modes of mobility and infrastructure affect health, then identify changes in mobility habits and infrastructure that will bring the benefits of a 15-minute city.

A group of children walking to and from school under the care of a minimum of two adults, their siblings or friends.

The Urban Mobility Plan aims to give the city more area for people (housing, work, shopping, care, education, entertainment and rest) is possible within 15 minutes.

Pedestrian space –_creator of pockets in cities.

Diversification of a pedestrian space, a place to be together, a concert shell, a pitch.

Free public transport – creating a public transport system.

A campaign – promoting healthy mobility.

In urban planning and budget planning, prioritize walking and cycling.

Critical mass – it’s the number of people who choose healthy mobility by cycling and walking. Critical mass makes it safe for all.

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