Our healthy city of tomorrow





Walking and cycling first



Sustainable and affordable public transport



Green city centres

Cities should belong to people, not cars - they need to be built for people. Reducing car use is good for health, productivity, urban liveability and the economy. Walking and especially cycling is a great way to get around in cities, benefits health through physical activity and public health through pollution reduction.

green public transportation options. Smart and sustainable transport systems improve air quality and benefit health and the climate.

Car free cities need reliable, affordable and

Urban green spaces can promote mental and physical health, and reduce morbidity and mortality, with relaxation and stress reduction, social connections, physical activity. They also reduce air pollution, noise and excessive heat.

We want

- Car free city centres with green spaces and mostly pedestrianised areas
- Urban planning and design that offers car-free mobility for work and leisure

We want

- Expansion of safe cycling lanes in and around the city centre including bicycle highways
- Pedestrian-friendly city: move safely, barrier-free and comfortably in the city, with attractive views and opportunities to move and play

We want

- Reliable, accessible, affordable and fossil-fuel-free public transport alternatives for all
- Free public transportation for all in and around city centers

We want

- Expansion of green and wild areas such as parks, community gardens or facade planting
- Meaningful offers for sports, play and recreation for all ages such as playgrounds and free outdoor workout spots







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